

SMALL PLATES



READING GLASSES
AVAILABLE,
PLEASE ASK SERVER

PANKO CRUMB CALAMARI €6.95
roasted garlic and lemon dip

BRAISED SHORT RIBS €6.95
slow cooked ribs, tangy BBQ sauce

BUFFALO CHICKEN WINGS €6.95
Choose mild, spicy or salt & pepper
Blue cheese dip & celery sticks

HOUSE BRUSCHETTA €6.50
Crisp Italian ciabatta, topped with tomatoes,
onions, garlic and basil pesto

FISH CAKES €6.95
salmon and smoked cod fish cakes, pickled
cucumber, lime & dill dressing

CHILI TIGER PRAWNS €8.50
pan fried with chilies, garlic, lemon

PORTOBELLO MUSHROOM €6.50
filled with spinach, pine nuts, manchego
cheese and herb crumb

WEST29 DAILY SOUPS €4.50
Your server will let you know
today's soup

SEAFOOD CHOWDER €8.50
An array of seafood and shellfish
in a creamy stock sauce

CAESAR SALAD €5.95 CHICKEN €6.95
cos lettuce, bacon, croûtons, parmesan
cheese and caesar dressing.

CAPRESE SALAD €6.95
Irish artisan buffalo mozzarella,
beef tomatoes, pesto and basil.

SALT & CHILI CHICKEN €6.95
crisp chicken strips, fresh chili, onions
and peppers, tossed in soy & sesame

GARLIC CIABATTA BREAD €5.95
crisp garlic bread with melting
mozzarella cheese

€4.50 EACH
OR
3 FOR €13

TAPAS

PATATAS BRAVAS
fried potatoes, with a mild
spiced tomato sauce

SPICY MEATBALLS
Irish minced beef, special blend of
herbs and seasonings, tomato sauce

BUFFALO CHICKEN WINGS
Choose mild, spicy or salt & pepper
Blue cheese dip & celery sticks

BRAISED SHORT RIBS
slow cooked ribs, tangy BBQ sauce

CALAMARI
roasted garlic and lemon dip

PRAWN PIL PIL
prawns marinated in olive oil,
garlic, salt & pepper

WARM BREADED BRIE
cranberry & red onion jam

MARINATED OLIVES
medley of olives

LAMB SKEWERS
smoky lamb skewers, cool
and fresh Tzatziki dip

PULLED PORK
on toasted bun, apple celery salad
smoky BBQ sauce

EMPANADILLAS
pastry parcel with goats cheese,
roasted veggies, red pepper dip

CHICKEN & CHORIZO PAELLA
chorizo, peppers & rich chicken broth

AUBERGINE CROSTINI
chargrilled aubergine, crisp garlic
ciabatta, whipped feta & beetroot

FISH CAKE
salmon and smoked cod, pickled
cucumber, lime & dill dressing

HUMMUS & CRACKERS
smooth hummus with
artisan crackers

THE ITALIANS CALL IT ANTIPASTI,
THE CHINESE DIM SUM,
THE TURKS MAZE,
THE FRENCH HORS D'OEUVRES,
THE SPANISH TAPAS,
AT WEST29
WE CALL IT SHARING!

BIG PLATES

THE RIB EYE €24.95

10oz Irish rib eye steak, let us know how you'd like it cooked, choose a sauce and 2 sides

PRIME IRISH FILLET STEAK €28.95

8oz Irish fillet steak, let us know how you'd like it cooked, choose your favourite sauce and 2 sides & enjoy!

PETITE FILLET STEAK €19.95

4oz Irish Fillet steak, creamy champ. Choose your favourite sauce and 1 side.

SURF & TURF €24.95

4oz Irish fillet steak, with sautéed jumbo prawns in a garlic cream sauce. Choose 1 side

PETITE RIB EYE €16.95

6oz Irish rib eye steak, choose a sauce and 1 side

RACK OF SLANEY LAMB €24.95

herb crust, garlic and cream fondant potatoes. Choose 1 side

BARBARIE DUCK €22.95

braised red cabbage, plum sauce. Choose 1 side

BRAISED SHORT RIBS €17.95

Slow cooked rack of short ribs, chefs own tangy sauce. Choose 1 side

RIBS & WINGS COMBO €18.95

Half rack of ribs, choose mild or spicy wings and 1 side.

CRISPY PORK BELLY €18.95

savoy cabbage, calvados jus, baby potatoes. Choose 1 side

ITALIAN CHICKEN €18.50

chicken supreme filled with sundried tomatoes, basil, toasted pine nuts. Wild garlic and parmesan crust, pomegranate and mint cous cous. Choose 1 side

IRISH CHICKEN BREAST €15.95

Choose your favourite sauce & 1 side

TUSCAN CHICKEN PASTA €16.95

sautéed chicken breast, chorizo, smoked paprika, peas, fresh tagliatelle, roast onion & garlic cream sauce

PUMPKIN CURRY €15.95

with sweet potatoes and chickpeas in a tomato based curry sauce. Choose 1 side. This dish is vegan, vegetarian and great as a healthy option

WEST29 SALAD BOWL €12.95

mixed seasonal leaves, avocado, sun blushed tomatoes, mixed super seeds, feta cheese, garlic herb croûtons.

WITH CHICKEN €14.95

STEAK SAUCES

creamy pepper corn and brandy mushroom and white wine garlic butter
tomato and herb

SURF YOUR STEAK

Jumbo prawns cooked in a creamy garlic sauce

€5.95

ALLERGEN INFORMATION

If you have a specific allergen or intolerance, please notify your server for our detailed recipe book.

SIDES

WEST29 FRIES
CHAMP POTATOES
CREAMY GARLIC GRATIN
SAUTÉED GARLIC POTATOES
SAUTÉED MUSHROOMS
SAUTÉED ONIONS
PANKO ONION RINGS
VEGETABLES OF DAY
SWEET POTATO FRIES
CAULIFLOWER CHEESE
STEAMED RICE
BABY BOILED POTATOES
€3.95

PAN SEARED SEA BASS €22.95

seabass fillets, tender stem broccoli, crab and chili butter. Choose 1 side

TRADITIONAL SCAMPI €21.95

jumbo Dublin bay prawns, light crisp batter, lemon and parsley dip. Choose 1 side

BLACKENED SALMON €18.95

chickpea, chorizo, spinach and white wine cassuelette. Choose 1 side

AUTHENTIC THAI CURRY

Choose red or yellow Thai curry with naan bread and jasmine rice

CHICKEN €16.50 | VEGETABLES €15.95 | PRAWN €18.00

ASIAN STIR FRY

Wok fired with a medley of vegetables, soy and sesame dressed noodles.

CHICKEN €16.50

VEGETABLE €15.50

PRAWNS €18.50